

Take It Off

Choreographed by Maurice Rowe 10/01/2008

32 Count Intermediate Cha

Music: "Get Naked (I've Got a Plan)" by Britney Spears (cd Blackout)

32 Count Intro, start on hard beat and lyrics, "I've got a plan..."

Alternative track: "Till the Wheels Fall Off" by Kelis

Walk walk, Hitch ½ turn, Rock & Cross, Rock recover, Coaster Step

1-2 Walk forward Left, Right

3 Hitch Left knee up while making a ½ turn right (end facing 6:00)

4&5 Step Left out to left, step Right in place, cross Left over Right

6-7 Step Right to right, recover weight back to left

8&1 Step back on Right, step back on Left, step forward on Right (toward 6:00)

Walk walk, ½ turn out out, walk walk, ¾ turn cross

2-3 Walk forward Left, Right

4&5 Step forward on Left pivoting ½ turn right on the ball of the Left foot (end facing 12:00), step Right to right, step Left to left

6-7 Step forward Right, Left

8&1 Make a ½ turn left (to face 6:00) stepping back on the Right, make a ¼ turn left (to face 3:00) stepping out on Left, cross Right over Left

Rock to left diagonal, recover, behind side cross, Rock to right diagonal, recover, behind side cross

2-3 Rock Left to forward left diagonal, recover weight to Right

4&5 Step Left behind Right, step Right to right, cross Left over Right

6-7 Rock Right to forward right diagonal, recover weight to Left

8&1 Step Right behind Left, step Left to left, cross Right over Left

¼, ½, Coaster step, Forward, Lock, Unwind ¾ left

2 Step Left ¼ turn left (to face 12:00)

3 Make a ½ turn left stepping back on Right (to face 6:00)

4&5 Step back on Left, step back on Right, step forward on Left

6-7 Step forward on Right, lock Left behind Right (weight remains on Right)

8 Unwind ¾ turn left ending with weight still on Right (end facing 9:00 to start dance again)