

Soul Train

Choreographed by Maurice Rowe (1/07)

32 count, 4 wall intermediate

Style: Lilt

Emerson Dirve - Song -Testify (Album Countrified)

24 count intro.

Gnarls Barkley, Go-Go Gadget Gospel (Album: St. Elsewhere)

16 count intro (after you hear the “reel” sound heavy beat kicks in--start counting with heavy beat.)

Step, scuff hitch ½ turn touch, shuffle, ¼ turn, shuffle

1 Step left foot forward

2&3 Scuff right foot forward, hitch right knee up turning a half turn left, stepping back on right.

4 Touch left next to right

5&6 Shuffle forward, left, right, left

7&8 Turning ¼ turn left, side shuffle right, left, right toward 6:00.

Kick left foot front, side, sailor step, kick right foot front, side, sailor step

1, 2 Kick left foot forward, kick left to left side

3&4 Step left behind right, step right to right, step left next to right

5, 6 Kick right foot forward, kick right to right side

7&8 Step right behind left, step left to left, step right next to left.

Heel & heel & heel, clap twice. And heel & heel & heel, clap twice

1&2 Touch left heel forward, step left next to right, touch right heel forward

&3&4 Step right next to left, touch left heel forward, clap twice (&4)

&5&6 Step left next to right, Touch right heel forward, step right next to left, touch left heel forward

&7&8 Step left next to right, touch right heel forward, clap twice

Shuffle back, rock recover, ½ turn, ½ turn, pivot ½ turn

1&2 Shuffle back right, left, right

3, 4 Rock back on left, recover weight to right

5 Step forward (toward 3:00) on left turning ½ turn right

6 Step back (toward 3:00) on right turning ½ turn right

7, 8 Step forward on left, pivot ½ turn right replacing weight onto right foot.

Dance restarts on 9:00 wall and travels counter-clockwise.